

MODULE SPECIFICATION PROFORMA

Module Title:	Counselling Adult Clients Experiencing Depression (Practice)	Level:	6	Credit Value:	30
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Module code:	COU608	Is this a new module?	YES	Code of module being replaced:	
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Cost Centre:	GASC	JACS3 code:	B940
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Trimester(s) in which to be offered:	1,2	With effect from:	September 16
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School:	Social & Life Sciences	Module Leader:	Madi Ruby /
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Scheduled learning and teaching hours	60
Directed Learning	20
Guided independent study	188
Placement	27
Clinical supervision	5
Module duration (total hours)	300

Programme(s) in which to be offered	Core	Option
BSc (Hons) Counselling (Adults)	✓	
Glyndŵr University Certificate in Continuing Education (Counselling Adult Clients Experiencing Depression (Practice))	✓	<input type="checkbox"/>

Pre-requisites
None

Office use only

Initial approval September 16

APSC approval of modification *Enter date of approval*

Have any derogations received SQC approval?

Version 1

Yes No ✓

Module Aims

This module aims to build on a person-centred foundation for working with adult clients who present as depressed.

The module will consider how to apply person-centred and experiential methods in working with adult clients who present with depression.

The module will develop students' abilities to reflect on and critically appraise their own case work in order to develop additional specialist competence in working with clients who are depressed.

Intended Learning Outcomes

Demonstrate a critical and systematic understanding of the value of assessment, including intake and outcome measures in person-centred counselling for depression.

Demonstrate a critical and systematic analysis of the effectiveness of clinical work with a depressed client in practice.

Demonstrate a critical and systematic approach to working with a depressed client through the medium of a reflective case study.

Demonstrate a critical and systematic understanding of the impact of the social, cultural and political environment when working in practice with a depressed client.

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to		Key Skills	
1	Demonstrate a critical and systematic understanding of the value of assessment, including intake and outcome measures in person-centred counselling for depression.	1	3
		4	5
		6	
2	Demonstrate a critical and systematic analysis of the effectiveness of your work with a depressed client in practice.	1	3
		4	5
		6	

3	Demonstrate a critical and systematically approach to working with a depressed client through the medium of a reflective case study.	1	3
		4	5
		6	8
4	Demonstrate a critical and systematic understanding of the impact of the social, cultural and political environment when working in practice with a depressed client.	1	2
		3	4
		5	6,7

Transferable/key skills and other attributes

Academic Writing skills
 Research Skills
 Advanced communication skills
 Team working
 Working with others
 Supporting people
 Assertiveness Skills
 Listening skills
 Working with confidential material
 Accepting feedback
 Reflective practice
 Working within policies and procedures
 Working with diversity
 Working to agreed deadlines
 Keeping records
 Using ICT

Derogations

None

Assessment:

A case study of 3000 words.
 Your case study should consider the PCEPS scales and appropriate intake and outcome measures to demonstrate you have worked effectively in line with PCEPS scales to facilitate a client's recovery from depression.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3	Case Study	100		3000

Learning and Teaching Strategies:

Community meeting / Home groups
 Lectures / workshops / seminars / presentations by guest speakers (where possible / appropriate)
 Independent reading and reflection

Optional Personal journal
Personal therapy/support activities as appropriate
Personal clinical supervision
Tutorials

Use of ICT:

A Module Handbook and Virtual Learning environment (VLE)
The module will draw on published books, journals and web resources in the field.

Syllabus outline:

Role play assessment tasks
Group discussions regarding practice experience of working with depressed clients.
Using measures to assess clients for depression
Using measures to track client progress in depression
Creative / experiential methods for working with depressed clients

Bibliography:

Essential reading

Cozolino, L (2010), *The Neuroscience of Psychotherapy: Healing the Social Brain*. London. Norton

Sanders, P & Hill, A (2014), *Counselling for Depression: A person-centred & Experiential Approach to Practice*. London, Sage.

Tudor, K and Worrall, W (2006), *Person-centred Therapy: A Clinical Philosophy*. London, Routledge.

Electronic resources are made available via the VLE for each module. These include links to video clips, presentations and lecture / seminar handout as well as digitised texts where appropriate.

Other indicative reading

Bozarth, J.D. (2011) *Rogerian Empathy in an Organismic Theory: A Way of Being*. In J.Decety, & W. Ickes (Eds.), *The Social Neuroscience of Empathy* (pp. 101 – 112) Massachusetts Institute of Technology

The module handbook will offer further suggested reading

Relevant Journals

British Journal of Guidance and Counselling
Counselling and Psychotherapy Research (BACP).

Websites

www.bacp.co.uk